



GI DEBATES

February 6 - February 8, 2026

Westin Fort Lauderdale Beach Hotel
Fort Lauderdale, Florida

MEETING PROSPECTUS

Collaborate: Mentor | Advocate | Educate

**“The best way to find
yourself is to lose yourself
in the service of others.”**

~ Mahatma Gandhi

**“Education thrives
when people
Connect and Share.”**

~ EBMed/KL Logistics

#ConnectNShare

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About EBMed

EBMed is a non-profit 501(c)(3) educational organization dedicated to: (1) improving GI patient care through CME education utilizing evidence-based medicine principles; and, (2) advancing the careers of women, first-generation college graduates, and under-represented minorities in academic GI careers through mentorship and sponsorship opportunities.

Our Expertise

Our Board of Directors have decades of experience in developing impactful GI educational initiatives, social media outreach, patient advocacy, and mentoring the next generation of gastroenterologists.

Our Areas of Focus

- Inflammatory Bowel Diseases
- Esophageal Disorders
- GI Motility Disorders
- Future of GI: Artificial Intelligence, Endoscopic Innovation, and Obesity

GI Debates Hybrid Conference

EBMed's GI Debates is a hybrid meeting combining CME, and networking/mentoring activities for our GI trainees. One of EBMed's goals is to facilitate the careers of women, first-generation college graduates, and under-represented minorities in academic gastroenterology and a large proportion of our faculty fit this goal.

The CME portion of the meeting will focus on: (a) inflammatory bowel disease; (b) esophageal disorders, including acid-peptic disorders and eosinophilic esophagitis; (c) GI motility disorders, including irritable bowel syndrome and (d) endoscopic innovations. Interactive formats will be emphasized with minimal traditional lectures.

Specific educational formats include:

- **Debate:** Two senior faculty will debate a provocative clinical question with a third senior faculty serving as judge, and a jury of early-career GI faculty will vote on most persuasive presentation. *[Note: Early-Career GI faculty consist of advanced GI fellows in IBD, GI motility, esophageal disorders or promising academic gastroenterologists who completed training within the past 5 years.]*
- **Case Presentation:** Brief case/patient presentation (HIPAA-compliant) focused on specific treatment options.
- **"Top 5 Tips:"** Nationally-recognized leader discussing how she integrates clinical trial data and clinical experience when managing patients.
- **Guideline Updates:** Nationally-recognized leader reviews key concepts from GI society guidelines, identifies controversies, and discusses how they integrate recommendations into their management.

Networking/Mentoring Activities

EBMed's GI Debates conference is designed to facilitate interaction between senior faculty and GI fellows and GI-APPs, including:

- **GI Trainees Workshop** on Friday afternoon, Feb 6, including "Guide to the Guidelines Update" from Brennan Spiegel, MD followed by "Success Skills Beyond GI Fellowship" planned by Neena Abraham, MD, Director of the ACG Institute Center for Leadership, Ethics, and Equity.
- **Finding the Right Fit: Opportunities in Different GI Settings** on Friday evening, Feb 6 is a dinner program exploring the benefits and limitations of working in academic GI, private equity GI supergroups, locum tenens, and more.
- **"Office Hours"** on Saturday afternoon, Feb 7, offers 1:1 meetings with senior faculty to discuss research opportunities and career development at EBMed's dedicated site on the Fort Lauderdale beach, adjacent to the Westin Fort Lauderdale Beach Resort. Refreshments will be served and pre-meeting sign-ups will be offered.
- **EBMed's Karaoke Saturday Night** is a new tradition for this meeting. Partner with your favorite faculty to sing the night away in this new EBMed tradition.

Unique Features of Our Program:

We've designed this meeting in response to comments from multiple stakeholders who have attended similar meetings. Specifically,

- **The location, Fort Lauderdale,** can be reached by direct flights from most major cities in the East, South, and Midwestern US, and the hotel

location is a 15-20 minute drive from the airport, making it easy for you to fly to the meeting on Friday morning. Therefore, you will not need to spend an additional night away from home unless the industry sponsor chooses to hold an optional advisory board on Friday morning.

- **GI-APP Integration:** Current GI practice is frequently a collaboration between GI-APPs and gastroenterologists. Therefore, our 2026 program includes leading GI-APP faculty and gastroenterologist collaboration, and 8-10 promising GI-APPs will be awarded travel grants to attend.
- **Reception** will be held prior to dinner on Friday evening. This is another important aspect of networking between early-career and senior GI faculty and industry attendees.
- **Approved for 7.75 hours of continuing education** for physicians, PA-Cs and NPs.
- **VuMedi, a leading video education platform** for physicians, is partnering with EBMed to post CME presentations to over 450,000 users. **Our 2025 program had over 4,000 individual views by more than 1,600 users.**



Preliminary Meeting Agenda

Time	Topic	Presenter
	Guide to the Guidelines	Brennan Spiegel, MD
2:00pm-3:00pm	Guidelines Vignettes	Brennan Spiegel, MD
3:00pm-3:15pm	Break	
	Success Skills Beyond GI Fellowship	Katie Hutchins, MD
3:15pm-3:35pm	Help Me to Help You: Building Your Mentoring Network	Mariam Naveed, MD
3:35pm-3:55pm	Am I Good Enough: Managing Imposter Syndrome and Micro-Aggressions	Iris Wang, MD
3:55pm-4:15pm	Burnout Proof: The Art of Boundary-Setting for Physicians	Neena Abraham, MD
4:15pm-4:35pm	Nailing the Interview: Top Tips for Your Job Search	Jennifer Christie, MD
4:35pm-5:00pm	Getting to Yes: Negotiating Your First Contract	Jami Kinnucan MD + Aja McCutchen, MD
5:00pm-5:15pm	Q&A	Katie Hutchins, MD
5:15pm-5:30pm	Break	
5:30pm-7:00pm	EBMed GI Debates Opening Reception	

Time	Topic	Presenters
7:00pm – 8:30pm	Career Development Beyond GI Fellowship: <i>Finding the Right Fit: Opportunities in Different GI Settings</i>	Aja McCutchen, Jennifer Christie, Sandra Quezada

Preliminary Meeting Agenda

8:00am – 8:05am	Welcome	Philip Schoenfeld, MD
	Inflammatory Bowel Disease	Philip Schoenfeld, MD
8:05am – 8:25am	UPDATE-What's New in ACG Crohn's Disease Guidelines	Maia Kayal, MD
8:25am – 8:50am	Debate: Combination Therapy for Crohn's Disease: Pro vs Con	Bincy Abraham, MD Lukasz Kwapisz, MD
8:50am – 9:15am	Positioning Therapies for Crohn's Disease: Selecting Optimal Treatments for Specific Patients	Maria Abreu, MD
9:15am – 9:35am	What We Wish You Knew: How Providers Can Advocate for Patients (Patient Advocate Discussion)	Amber Tresca Gaylyn Henderson
9:35am – 10:00am	Case Studies in Crohn's Disease -Are IL-23's First-Line Treatment for Crohn's Disease? Presenter: Jami Kinnucan, MD -Optimal Use of Anti-TNF Agents Presenter: Maia Kayal, MD	Moderator: Katie Hutchins,, MD Panel: Norma Solis, NP Sandra Quezada, MD Aja McCutchen, MD Carol Hernandez, PA-C
10:00am – 10:30am	Break	
	Esophageal and GI Motility Disorders	Philip Schoenfeld, MD
10:30am-10:50am	Top 5 Tips-Managing Eosinophilic Esophagitis	John Pandolfino, MD
10:50am – 11:15am	*Debate: PPI-resistant Laryngo-pharyngeal Reflux: Diagnostic Testing vs Empiric PCAB	Rena Yadlapati, MD Felice Schnoll-Sussman, MD
11:15am-11:35am	Top 5 Tips-Managing Anti-Coagulants/Anti-Platelet Therapy During GI Bleeding and Endoscopy	Neena Abraham, MD
11:35am – 11:55am	Future of AI in GI	Brennan Spiegel, MD
11:55am – 12:20pm	Case Studies: Barrett's Esophagus with Low-Grade Dysplasia: Surveillance vs RFA Presenter: Jennifer Kolb, MD Optimized Bismuth Quadruple Therapy or PCAB-Amoxicillin Dual Therapy for Helicobacter Pylori? Presenter: Paul Feuerstadt, MD	Moderator: Jennifer Christie, MD Baha Moshiree, MD Mariam Naveed,MD Iris Wang, MD
12:20pm-12:40pm	Top 5 Tips-Managing IBS-C.. and When to Get Ano-Rectal Manometry	Morgan Allyn Sendzischew Shane, MD

Time	Topic	Presenters
2:30 – 4:30pm	"Office Hours" 1:1 Meetings with Course Faculty to Discuss Research and Career Development	Multiple Faculty

Preliminary Meeting Agenda

	Esophageal and GI Motility Disorders	Linda Nguyen, MD
8:10am – 8:30am	Top 5 Tips: Utilizing Esophageal Manometry	John Pandolfino, MD
8:30am – 8:55am	*Debate: IBS-D with Bloating: Empiric Treatment with Rifaximin and Low FODMAP vs Breath Testing	Darren Brenner, MD Iris Wang, MD
8:55am – 9:15am	Top 5 Tips: Managing PPI-Resistant GERD	Jennifer Christie, MD
9:15am – 9:35am	Case Studies-EoE: Symptoms Improved with PPIs, but No Histologic Change Presenter: Paul Feuerstadt, MD “My Belly Hurts”-Optimizing Abdominal Pain/Bloating Relief in IBS Presenters: Carol Antequera, PA-C and Morgan Allyn Sendzischew Shane, MD	Moderator: Brennan Spiegel, MD Panel: Jennifer Kolb, MD Felice Schnoll-Sussman, MD Mariam Naveed, MD Baha Moshiree, MD
9:35am – 9:45am	Q&A	Linda Nguyen, MD
9:45am-10:00am	Break	
	Inflammatory Bowel Disease	Aline Charabaty, MD
10:00am – 10:20am	Top 5 Tips: Managing Pouchitis	Maia Kayal, MD
10:20am – 10:40am	UPDATE-What’s New in ACG Ulcerative Colitis Guideline	Katie Hutchins, MD
10:40am – 11:05am	Case Studies in Ulcerative Colitis -Impact of Obesity on UC Management-Role for GLP-1 agonists Presenter: Lukasz Kwapisz, MD/Carol Hernandez, PA-C -Treating New Onset UC in Older Patient with Co-Morbidities Presenter: Joseph Sleiman, MD	Moderator: Jami Kinnucan, MD Panel: Norma Solis, NP Sandra Quezada, MD Bincy Abraham, MD
11:05am – 11:25am	When your UC Patient Hates Needles-Options for Oral Therapy	Aja McCutchen, MD
11:25am – 11:45am	Anti-T1LA Monoclonal Antibodies and Precision Medicine- Future of IBD Management	Maria Abreu, MD
11:40am – 12:00pm	Wrap-Up and Thank You	Philip Schoenfeld, MD, Aline Charabaty, MD, Linda Nguyen, MD

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Steering Committee



**Philip Schoenfeld, MD,
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*Chief (Emeritus)
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Detroit, MI*
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An ACG Publication*



**Aline Charabaty, MD,
AGAF, FACC**
*Assistant Professor of Medicine
Johns Hopkins School of Medicine*
*Director, Inflammatory Bowel
Disease Center
Sibley Memorial Hospital
Washington, DC*
*Co-Founder, Scrubs and Heels
Founder, #MondayNightIBD*



**Linda Nguyen, MD,
AGAF, FACC**
*Clinical Professor of Medicine
Interim Chief
Division of Gastroenterology
Stanford University
School of Medicine
Co-Chair 2025 ACG
Postgraduate Course*



**Joseph Sleiman, MD,
Early Career
Board Member**
*Associate Staff - Cleveland Clinic
Social Media Editor
Clinical Gastroenterology
& Hepatology*



**Amber Tresca,
Patient Advocate
Member of the Board**
*Patient Advocate
Podcast Host
Copywriter specializing in
IBD Founder, #MondayNightIBD*

GI Debates Senior Faculty

GI Motility Faculty



Darren Brenner, MD
Professor of Medicine
Director-Motts Tonelli GI
Physiology Laboratory
Northwestern University School of Medicine



Baha Moshiree, MD
Clinical Professor of Medicine
Wake Forest University School of Medicine
Immediate Past Co-Chair, 2023 ACG
Postgraduate Course



Jennifer Christie, MD
Professor of Medicine
Chief, Division of Gastroenterology
University of Colorado School of Medicine
Past President-American Society for
Gastrointestinal Endoscopy



Jill Deutsch, MD
Assistant Professor of Medicine
Medical Director-GI Motility Laboratory
Director-Functional GI Disorders Program
Associate Program Director-GI
Fellowship Program
Yale University School of Medicine



Morgan Allyn Sendzischew Shane, MD
Clinical Assistant Professor of Medicine
Director-UHealth Comprehensive Women's
Health Alliance
Program Director-GI Fellowship Program
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Xiao Jing (Iris) Wang, MD
Assistant Professor of Medicine
Associate Program Director-
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Mayo Clinic - Rochester, MN
Author - "Boo Can't Poo"



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APP Faculty



Carol Hernandez, PA-C
Director-Advanced Practice Providers
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Norma Solis, DNP, APRN
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Esophageal Disorder Faculty



John Pandolfino, MD
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Chief, Division of Gastroenterology
and Hepatology
Northwestern University
Feinberg School of Medicine
Past President, American
Neurogastroenterology and Motility Society



Rena Yadlapati, MD, MS
Professor of Clinical Medicine
Director, Center for Esophageal Disorders
University of California San Diego



Felice Schnoll-Sussman, MD, MSc
Clinical Professor of Medicine
Weill Cornell Medical College
Past President-American Foregut Society



Mariam Naveed, MD
Program Director-GI Fellowship
AdventHealth-Orlando, FL



Jennifer Kolb, MD, MS
Assistant Professor of Medicine
UCLA



Paul Feuerstadt, MD
Assistant Clinical Professor of Medicine
Yale University School
of Medicine
Founder-www.everythingcdifficile.com

Endoscopic / Artificial Intelligence Innovation Faculty



Brennan Spiegel, MD, MSHS
Director of Health Services Research
Cedars-Sinai Health System
Professor of Medicine and Public Health
David Geffen School of Medicine at UCLA
Editor-in-Chief (Emeritus), American Journal
of Gastroenterology



Neena Abraham, MD, MS, MACG
Professor of Medicine
Mayo Clinic - Scottsdale, AZ
Director-ACG Institute for Clinical Research and
Education

Inflammatory Bowel Disease Faculty



Maria Abreu, MD
Director-F. Wijdada IBD Institute
Cedars-Sinai Medical Center
Past President-American
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Millie Long, MD, MPH
Chief-Division of Gastroenterology
Program Director-GI Fellowship
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Jami Kinnucan, MD
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Katie Hutchins, MD
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Lukasz Kwapisz, MD
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Bincy Abraham, MD
Fondren Distinguished Professor in
Inflammatory Bowel Disease
Director, Gastroenterology Fellowship Program
Lynda K. and David M. Underwood Center for
Digestive Disorders
Houston Methodist Medical Center
Weill Cornell Medical College



Maia Kayal, MD
Assistant Professor of Medicine
The Susan and Leonard Feinstein IBD Center
Icahn School of Medicine at Mount Sinai



Sandra Quezada, MD, MS
Professor of Medicine
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Associate Dean for Medical School Admissions
Associate Dean for Faculty Diversity
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University of Maryland School of Medicine
Co-Chair, AGA Equity Project
Chair of the Intersociety Group on Diversity
in Gastroenterology



Aja McCutchen, MD
Atlanta Gastroenterology Associates
Vice-Chair, AGA Research Foundation
Executive Board
Clinical Chair, United Digestive Health



Meeting Registration for 2026 EBMed's GI Debates

Meeting Registration Only (Local Attendees): **\$50**

Includes:

- *Success Skills Beyond GI Fellowship Workshop and ACG GI Guidelines Update on Friday afternoon, Feb 6*
- *Welcome Reception on Friday evening, Feb 6*
- *Dinner Symposia on "Finding the Right Fit: Opportunities in Different GI Settings" on Friday evening, Feb 6.*
- *Registration for EBMed's GI Debates on Feb 6-7*
- *"Office Hours" for 1:1 Meeting with Course Faculty on Saturday afternoon, Feb 7*
- *Breakfast, Lunch, Dinner on Saturday, Feb 7 plus Breakfast and Mid-Morning Snacks on Sunday, Feb 8*
- *Saturday Evening Karaoke Reception*

Limited rooms at the Fort Lauderdale Westin Beach Resort are available at a discounted rate:

Trainee/Early Career GIs (within 2 years of completing training)/GI-APP Rate:

Meeting Registration + Two Nights Hotel Stay (Double Occupancy) at

Westin Fort Lauderdale Beach Resort, Feb 6-8:

\$250

(note: identify friend/colleague for room-share on registration or EBMed will arrange for you to share room with another attendee)

Meeting Registration + Two Nights Hotel Stay (Single Occupancy) at

Westin Fort Lauderdale Beach Resort, Feb 6-8:

\$500

Attending/Practicing Physician Rate: Meeting Registration + Two Nights Hotel Stay

(Single Occupancy) at Westin Fort Lauderdale Beach Resort, Feb 6-8:

\$675

Full refund minus \$50 administrative fees for cancellation before Dec 20, 2025

Registration is non-transferable

Register at www.ebmed.net

Industry partners: Contact our meeting planner directly at kym@kllogistics.com.





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